

# MEMORIAL FIRE RITUAL

“Just as one candle lights another and can light thousands of other candles, so one heart illuminates another heart and can illuminate thousands of other hearts.” - Leo Tolstoy

## 01

### GATHER & SET THE INTENTION

Gather together, with two or more people, and surround the body or a photo of your loved one. With each participant holding an unlit candle, have one person set the intention for this ritual by speaking aloud “the flame of your candle represents the spirit of our past loved one. As we ignite each flame, we spark the spirit's essence and heighten our ability to connect.”



## 02

### IGNITE & CONNECT

Once the group's intention has been set, begin by lighting one person's candle. Then, use that flame to light the next person's candle. Continue passing the flame, one at a time, until all candles are lit. Now allow each person, one at a time, to speak aloud 3 words that they feel describe the essence of the deceased.



## 03

### SAYING GOODBYE, FOR NOW

Take as much reflection time as needed before you blow out your candle and say goodbye, for now. Remember that you can relight this flame at any time to reignite the spirit and memories of your loved one

